

25 Medford Street, Arlington, MA 02474 51R Medford Street, FIHO 2 location

www.fidelityhouse.org 781-648-2005

WE ARE A NON-PROFIT Executive Director COMMUNITY/YOUTH CENTER!

Programs offered for Youth, preschool through high school and adults.



DONATE to the Fidelity House Capital Campaign!

CAPITAL CAMPAIGN BUILDING ON TRADITION



fidelityhouse@fidelityhouse.net Edward F. Woods,

Spring 2018

SCHOOL AGE CHILD CARE

33 YEARS!! The School Age Child Care Program (SACCP), established in 1984, provides a safe and creative environment for school age children in Kindergarten through $\tilde{6}^{th}$ grade. Program includes coverage for after



school hours, days off from school and 1/2 days. Transportation from local Arlington schools is provided. The program is fully licensed by the Department of Early Education and Care.

Parents have the option of enrolling in either:

our After School Program,

our Full Day/Snow Day program **OR**

BOTH the After School & Full Days

The SACCP After School Program is based at Fidelity House and FiHo 2 (our satellite building located across the street). Hours are from 2-6:00 p.m., Monday through Friday during the school year. The program also provides coverage during school early release days. Extended care is available for children until 6:30 pm for an additional fee. A nutritious snack is served daily. Transportation from several of the surrounding public schools to



Fidelity House is available. Brochures describing this program in detail and the registration information are available at Fidelity House or on our website.

The SACCP Full Day/Snow Day Program

We offer Full Day Programs from 8:00 a.m-. 6 p.m. any time school is not in session. Full Day coverage includes school holidays, vacation days, snow days and teacher conference days. Families registered in this program then have the option to choose which days they would like their child to participate in. Special local trips and special events are planned for those days.

Daily After School Schedule & Activities

- 2:00 Arrival / Snack / Play Time
- 3:00 Meeting and Choice Activities (See activities below)
- 4:00 Specific Age Group Activities (See activities below)
- 5:00 Quiet games, Choice time, Clean up
- 6:00 Extended Care begins
- 6:30 Close of Extended Care

We feature a variety of activities including:

Arts & Crafts Sports-indoor/outdoor Computer time Science activities Ice Skating Contests & Games Trips to local parks Homework club Drama

Special events Chess Gymnastics Pizza parties Field trips Music Cooking



Youth attending this program also have the opportunity to register in the sports/ special interest programs outlined in our seasonal brochures that are offered during your child's attended hours.

STAFF

Our program is supervised by Department of Early Education and Care (EEC) qualified staff who are dedicated to the well-being and safety of the children.



The staff is composed of college graduates and undergraduates with a wealth of experience working with children.

PRESCHOOL & PRE-K



FULL DAY & 1/2 DAY OPTIONS!

PRESCHOOL PROGRAM The Preschool, now in its **41st** year, is an educational environment where children 2.9 years through 5 years old learn and develop their educational, emotional, physical and social skills. The Pre-School is licensed under the guidelines of the Department of Early Education and Care (EEC). Brochures describing our Preschool in detail are available at our office or on our website.

PREKINDERGARTEN PROGRAM This advanced Preschool program is an educational environment that children 4 through 5 years old learn and develop their educational, emotional, physical and social skills. 1/2 Day classes are offered weekday mornings from 8:30-12:30 p.m. The Full Day Option is 8:30 a.m.- 5:00 p.m. with an extended day available until 6 p.m.. Register for 2 - 5 days/week. Brochures describing the program in detail are available at our office or on our website.

PROGRAMS FOR TODDLER through 1st GRADE AGE

GYMNASTICS Established program for over 25 years! Classes are offered for Preschool, Kindergarten & 1st graders. Space is limited! New session begins April 7.



Flyers describing the program are available.

SPORTS ACADEMY 3:15-4 p.m.

Game fundamentals, drills & sportsmanship are incorporated into games. Kindergarten & Grade 1 meet from 3:15 - 4 p.m. **BASKETBALL** session continues through April 13. **FLOOR HOCKEY** session continues through April 10. **WHIFFLE BALL** – Fridays, 4 week session begins May 4-June 1 (no 5/11), \$28. **INDOOR SOCCER**– Tuesdays, 6 week session begins April 24—May 29, \$42 ** Please note – 1st graders requiring care **before and**/ **or after** the program will need to register for our School Age Child Care Program. School Age Child Care Participants sign up for free if attending the day of the program.

Piano Playtime Children ages 3-14 can learn how to play the piano at Fidelity House on Tuesdays. Affordable tuition is \$65 per month. There is a \$25 one time only registration fee (new students only) that covers the first book. For more information or to register please visit <u>www.pianoplaytime.com</u>.

Tot Sports Academy

Preschoolers 3- 5 years old will learn sport basic fundamentals in a fun atmosphere. **Program is offered 12:40 -1:20 p.m.**

Basketball—Mondays. The sport of basketball will be introduced with various drills and games to learn the basics of dribbling, passing, shooting, teamwork and exercising. Current session continues through April 9. New session starts April 23—May 21, 5 weeks, \$35

Floor Hockey– Wednesdays, The players will learn how to shoot, stick handle and have fun in a safe environment. Current session continues through April 11. New session starts April 25—May 30 6 weeks, \$42.

T-Ball– Fridays. The sport of T-ball will be introduced in a fun atmosphere. Current session continues through April 13. New session starts May 4– June 1 (no 5/11). 4 weeks, \$28.



Encompassing program is offered for youth in $2nd - 12^{th}$ grades. Members combine an age appropriate drop -in recreational experience with structured programs tailored for their own interests and development. Scheduled gym time, age designated game rooms, special interest youth programs, a drop-in arts and crafts program, and special events are available. A current membership is required for all drop-in & scheduled youth programs. Members bring membership cards with them to check in.



NEW this year! 2nd—5th graders purchase a WINTER/SPRING 2018 PROGRAM REGISTRATION FEE!

What's that? It's a registration fee (covering the January 2, 2018–June 1. 2018) that is purchased when first registering for programs. Fee is prorated to \$25 if signing up for first time during Spring session.

How is it used? It allows 2nd—5th graders the use of Supervised Recreation Rooms before and/or after their program on the day they are attending their program(s). Hours the recreation room is open are:

- Tuesday, 2-5 p.m.—Tuesday program participants
- Wednesday, 2-5 p.m. Wednesday program participants
- Friday 2-5 p.m. Friday program participants
- Friday, 6:30-9 p.m. Friday 5th grade program evening participants •Saturday, 9-4 p.m. Available for all week day & Saturday program participants

(Game rooms not open on Mondays or Thursdays)

☆

Pre-registration of programs is required for building use on those

6th grade & up MEMBERSHIP OPTIONS

A membership form is filled out for each child 1 year membership = \$75.00 OR 3 month membership = 35.00 OR One Day Guest Fee = \$5.00 One Day Pass = .50 cents (for those who forgot their card) Replacement Membership Card = \$5.00 \overleftrightarrow AVAILABLE for 6th—8th graders! ☆ **VPGRADE** your Current Yearly Membership

to the GOLD MEMBERSHIP. A \$20 upgrade will allow your 6th-8th grader free participation in Δ Stickball League and Ulltimate Frisbee League this $\frac{1}{2}$ Spring. $\stackrel{\bullet}{\sim}$

OPEN MEMBERSHIP HOURS GRADES 6 - 12

Tuesday - Friday 2 - 6:30 p.m. *Friday evening 6:30 - 10 p.m. (April 20, May 4 & May 18)

9 a.m.-4:45 p.m. Saturday Last day of open membership is Friday, June 1. *Friday nights limited due to special events and fundraising events in gym.





ARTS & CRAFTS –Program offered on Tuesdays and Fridays, 3—3:45 pm. Recycled materials are used for many of the projects. Donations welcome. 13 classes, April 3—May 29 (no classes on 4/17, 4/20, 4/27, 5/11) \$39 Tuesday only classes \$24 Friday only classes \$15.

NOW UR COOKING– Cooking is a lifelong skill. Join in this fun course for $3^{rd} - 6^{th}$ graders. Located at the LARGE, modern kitchen at FiHo 2. Friday classes, 4—4:45 p.m. Begins March 23—May 18 (no 3/30, 4/20, 4/27 & 5/11) 5 weeks, \$40 fee (Friday SACCP participants = \$18).



GYMNASTICS - Established program for over 25 years! Classes are offered for Preschool – 8th graders. Space is limited! New session starts April 7. Flyers describing the program are available.

GYMNASTICS OPEN GYM TIME-

Supervised gymnastics open gym time for grades 2nd— 5th in the gymnastics room. Tuesdays, 4:15—4:45 p.m., March 27—May 15, 7weeks, \$35.

WEDNESDAY GYM TIME $2^{nd} - 5^{th}$ graders join a structured gym activity time from 3:15—4 p.m on Wednesdays,. Current session continues through April 11. New session is April 25—May 30, 6 week sessions, \$30. **JUMP ROPE CLUB-** $2^{nd} - 5^{th}$ graders learn the basic jumps, progress to long rope Jumping, single rope tricks, and double dutch jumping. Great way to do something fun, challenging and enjoy the Spring weather. 5 sessions on Fridays, 3:15 - 4 p.m., April 6—May 25 (no 4/20, 4/27 or 5/11), \$15 or \$4 drop in fee.

SKILLS & DRILLS CLINICS– Basketball clinics to improve individual skills, overall conditioning and guide you on what to work on with your own workouts. Offered on Monday evenings, March 12—June 4 (no April 16 & May 28). **2nd—5th grade** attend 4—4:40 p.m., 11 week session fee for 2nd—5th grade fee is \$75, \$8 drop in fee. Free for current Fidelity House AAU team players. Flyers describing program, fees available at Fidelity House. **APRIL VACATION "PLAY MORE HOOP" CAMP–** 6—14 year old basketball skills camp offered Tuesday— Friday, April 17—20, 9 a.m.—12 noon. Week or daily option. Brochure describing the program is available.

FITNESS & CONDITIONING–Strengthening & conditioning program for 2nd—5th graders offered on Tuesdays, 3—3:30 p.m., Current session through April 10. New session, April 24—May 29, 6 weeks, \$30.

CHESS CLUB– All levels of 2nd—5th graders welcome! The Chess Club gives kids an opportunity to play friendly games of chess against their peers in a low-stress environment. Tuesdays, 3—3:45 p.m.,. Current session through April 10. New session April 24—May 29, 6 weeks, \$ 18.

GIRLSintheHOUSE $2^{nd} - 5^{th}$ grade GIRLS meets Wednesdays at 3- 3:30 p.m.for *girls only* fun. Fidelity House girl Volunteer Club members help organize games, activities & fun. Current session continues through April 11. New session April 25—May 30, 6 weeks, \$15.

GRADES K– 5 SPORTS ACADEMY Game fundamentals, drills & sportsmanship are incorporated into games. Grades 2 meet 3:15–4 p.m., Grades 3, 4 & 5 meet 4:00–4:45 p.m., School Age Child Care Participants sign up for free if attending the day of the program. **BASKETBALL** session continues through April 13. **FLOOR HOCKEY** session continues through April 10. **WHIFFLE BALL**– Fridays, 4 week session begins May 4–June 1

(no 5/11), \$28. **INDOOR SOCCER**– Tuesdays, 6 week session begins April 24—May 29, \$42

MENOTOMY MANOR- Transportation is provided throughout the year to children living in Menotomy Manor. On site program on Thursdays. Parents are asked to call for further information.

NANCY DREW MYSTERY BOOK CLUB – Who: GIRLS 2nd – 6th grade What: **Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths...Where: Fidelity House When: Wednesdays, 3:30— 4:15 Current session continues through April 11, New session, April 25 — May 30, 6 weeks, \$18.

PIANO PLAYTIME Children ages 3-14 can learn how to play the piano at Fidelity House on Tues-

days. Affordable tuition is \$65 per month. There is a \$25 one time only registration fee (new students only) that covers the first book. For more info or to register, visit <u>www.pianoplaytime.com</u>



"Fidelity House- It's the best kept secret in Arlington!" A FiHo Parent



We couldn't do all we do without Volunteers!!

If you are interested in helping out short term or long term, please, give us a call at 781-648-2005.

Grades 5 - 8

NOW UR COOKING– Cooking is a lifelong skill. Join in this fun course for $3^{rd} - 6^{th}$ graders. Located at the LARGE, modern kitchen at FiHo 2. Friday classes 4– 4:45 p.m. Begins March 23—May 18 (no 3/30, 4/20, 4/27 & 5/11) 5 weeks, \$40 fee (Friday SACCP participants = \$18).

GYMNASTICS - Established program for over 25 years! Classes are offered for Preschool – 8th graders. Space is limited! New session begins April 7. Flyers describing the program are available.

VOLUNTEER CLUB- Grades 6-8. This is Fidelity House's Youth Board of Directors. Members help shape the future of Fidelity House, help out with varied activities and plan group trips. Call Fidelity House for more information.

PIANO PLAYTIME Children ages 3-14 can learn how to play the piano at Fidelity House on Tuesdays. Affordable tuition is \$65 per month. There is a \$25 one time only registration fee (new students only) that covers the first book. For more info or to register, visit www.pianoplaytime.com

STICKBALL LEAGUE- Stickball games played on Fridays, 3:15 - 4:00 p.m. 5th grade and up. Outdoor league, dress appropriately. 4 weeks. Offered April 6 through May 18 (no 4/20, 4/27 or 5/11). \$24, *FREE for GOLD MEMBERS.

FITNESS & CONDITIONING- Strengthening & conditioning program offered for 6th—8th graders on Tuesdays, 3:30—4:15 p.m., Current programs continues through April 10,. New session April 24—May 29, 6 weeks, \$36.

AAU SPRING BASKETBALL TEAMS- Basketball teams for boys & girls are organized for area youth to play in area Amateur Athletic Union (AAU) tournaments during the Spring.

SKILLS & DRILLS CLINICS– Basketball clinics to improve individual skills, overall conditioning and guide you on what to work on with your own workouts. Offered on Monday evenings, March 12—June 4 (no April 16 & May 28). **2nd—5th grade** attend 4—4:40 p.m., 11 week session fee for 2nd—5th grade fee is \$75 \$8 drop in fee. **6th—8th graders** 4:40—5:30 p.m.. 11 week session fee for 6th—8th grade is \$70 members, \$100 non-members. Free for current Fidelity House AAU team players. Drop in fees = \$7 for members, \$10 for non-members. Flyers describing program, fees available.

APRIL VACATION "PLAY MORE HOOP" CAMP– 6 - 14 year old basketball skills camp offered Tuesday—Friday, April 17—20, 9 a.m.—12 noon. Week or daily option. Brochure describing the program is available.

ULTIMATE FRISBEE - Ultimate Frisbee is a fun, challenging, fast paced coed team sport that uses a frisbee. Team work, strategy, disc throwing and fitness are all benefits achieved while having fun! The program will take place on Thursdays, 3:30— 4:30 p.m. outdoors * FREE to 6th—8th grade GOLD MEMBERS. April 5—May 31 (no 4/19, 5/10), \$28 fee, \$5 drop in fee.



PERIODICALLY... $6^{th} - 8^{th}$ grade dances – **Special events and trips** offered for the $6^{th} - 8^{th}$ grade age. Our weekly newsletter, Arlington Advocate highlight scheduled trips. Advance registration is required.

FIDELITY HOUSE SUMMER PREVIEW

*Fidelity House's 63rd season of DAY CAMP for 2nd – 8th graders

 *PRE SCHOOL Summer Program 2.9 – 5 year olds
 *KINDERGARTEN, FIRST GRADE DAY CAMP
 for kids going into kindergarten and 1st grade
 *JUNE /AUGUST FULL DAYS for kids in Kindergarten – 13 year olds
 + WEEK LONG BASKETBALL CAMPS & Special Interest Summer Programs

WE <u>ALWAYS</u> OFFER PROGRAMS in the SUMMER from the FIRST DAY of SUMMER VACATION until the FIRST DAY of the NEW SCHOOL YEAR!!-. Call for our SUMMER BROCHURES available mid March.....

High School



ONGOING...Free for members (or pay a daily guest fee).

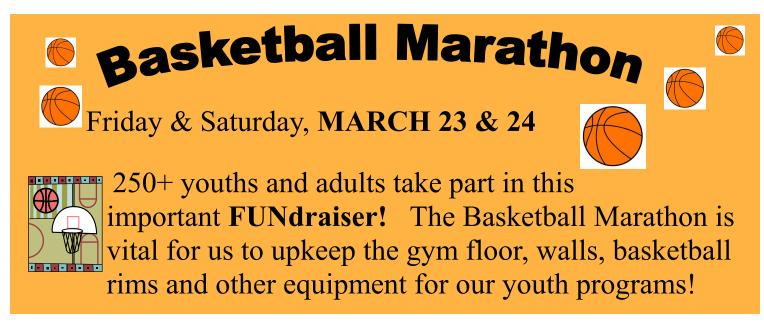
HIGH SCHOOL GYM TIME-Monday-Friday, 2:00 -3:00 p.m. Other times to be posted. **DROP-IN GAME ROOM**- Open Tuesday through Friday, 2-9 & Saturday 9 - 4:45. The room is equipped with pool tables, ping pong, cable TV & video games.

Grades 9—12 SKILLS & DRILLS CLINICS– Basketball clinics to improve individual skills, overall conditioning and guide you on what to work on with your own workouts. Offered on Tuesday evenings 7—8:30 p.m., March 13—April 10 (no April 17) and then Monday evenings, 5:30—7 p.m., April 23—June 4 (no May 28). 11 week session is \$80 members, \$100 non-members. Free for current Fidelity House AAU team players. Drop in fees = \$8 members, \$10



non-members. Flyers describing program, fees available at Fidelity House. <u>VOLUNTEER EXPERIENCE</u>- Thinking of working with children or a sportsrelated career in your future? Opportunities to gain experience and/or fulfill your school community service requirements. Give us a call!

<u>AAU SPRING HOOP-</u> Fidelity House offers high school players an opportunity to play in A.A.U. (Amateur Athletic Union) area tournaments during the Spring season. Season starts in March and continues through June. Fidelity House is entering our 17th season of AAU play



FIDELITY HOUSE OPEN in Memory of Vin Culhane Golf Tournament Monday, July 16, 2018



Don't golf? - Help sponsor a hole, donate or volunteer!





FLOWER SALE



YOUTH

PROGRAMS

THURSDAY thru SUNDAY, March 29—April 1 TULIPS, EASTER LILIES, MUMS, DAFFODILS, HYACINTHS, CUT BOUQUETS, CENTERPIECES & MORE

Flowers are sold inside our Fidelity House GYM and at outdoor stations. Hop on by!!



Help Send a Kid to Summer Day

YES, I would like to support the Fidelity House SUMMER 2018 CAMPERSHIP FUND. Enclosed is my contribution.

	NAME					Red Cross
	Address				Town	Zip
\$	50	\$100	\$150	\$220	\$380	OTHER \$

Please complete this form and enclose your donation payable to Fidelity House and mail/drop off at Fidelity House, 25 Medford St., Arlington, MA 02474



Popcorn, surprise bags & more!!! Join the FUN!!

"No amount of money or success can take the place of time spent with your family."



MENS' BASKETBALL LEAGUE – Community Adult Basketball league played on Thursday evenings. Teams/individuals may sign up. Call Fidelity House for more information

WOMENS BASKETBALL LEAGUE individuals interested, please call the office. - Games played on Monday nights. Teams/ Team fee = \$600.

TRX® BOOT CAMP- GET FIT, GET HEALTHY, LOSE WEIGHT, GAIN MUSCLE, and HAVE MORE EN-ERGY for the great outdoor weather. It takes 28 days to build a habit! Sign up for TRX Boot Camp to get your healthy habit going! Classes meet for 45 minutes every MWF at 5:45am at the Fidelity House Gym. The class is an interval format with 2 minutes of cardio drills followed by 2 minutes of strength and core on the TRX Suspension Trainer. The class is appropriate for all fitness levels and can be tailored to be easier or harder just by changing your foot position, body angle and speed! Bring a yoga mat and water. All classes taught by Maureen Chagnon Nee. Spring session offered on MWF 5:45am-6:30am Cost: \$240, starting date TBA.

ADULT VOLUNTEERS- If you are available to help out short term/long term, please call. **SENIORS PASS IT ON-** Senior Citizens interested in passing on a skill to youth, please call. or 1 time use. Call for details.

ADULT PROGRAMS– Have an idea or program that you would like to see offered? Please contact us at 781-648-2005.

We're a Non-Profit Community Center! We can ALWAYS use your support!!!

All proceeds support our Youth Programs! We appreciate all your support with our annual *Basketball Marathon*, *Easter and Mother's Day Flower Sales, Annual Fundraiser/Auction and Fidelity House Open Golf Tournament*.

Donations supporting our *Financial Aid Fund* will allow children to participate in our Fidelity House programs at a reduced fee.
 Memorial Donations are gratefully accepted.

Commemorative Birthday & Anniversary donations are acknowledged and appreciated. Please call our office for details and make your tax-deductible gift today! It all helps!



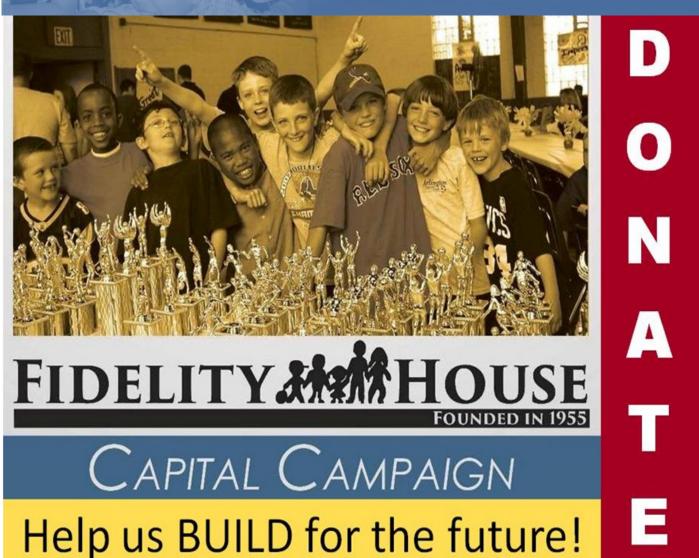
Wish List A new GYM! Fans, moon bounce fans, Nancy Drew Books, Arts & crafts supplies, legos, blender, decks of cards, office supplies, chess sets, children's games....Fidelity House is open year round & can always benefit from those loved /but never-used-at-your-house-anymore supplies!



GYM RENTALS- Limited times available for Rentals, usually in 1.5 - 2 hour blocks. Ongoing or 1 time use. Call for details.

RENTALS of FIHO 2- FiHo 2, our childcare building located at 51R Medford Street, is available for Birthday/Celebration Rentals. We offer 3 hour time blocks. Give us a call at 781-648-2005. The FUN is already built in!

CAPITAL CAMPAIGN YESTERDAY, TODAY & TOMORROW





FIDELITY HOUSE

It's time to rebuild the gym and update Fidelity House for future generations, brick by brick, with the help of our past and present generations that have made Fidelity House so unique. We are embarking on Fidelity House's first ever Capital Campaign to raise the necessary funds.

LEARN about our PLANS...brochures available or call for a meeting....

DONATE! Donations can be made at Fidelity House, mailed to 25 Medford Street, Arlington, MA 02474 or online at <u>www.fidelityhouse.org</u>.

BUILDING ON TRADITION



CAPITAL CAMPAIGN



Fidelity House is a non-profit community center, which has been serving the needs of the youth and people of Arlington and surrounding communities for 60^tyears!



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25 Medford Street, Arlington, MA 02474

(781) 648-2005 -- www.fidelityhouse.org

Fidelity House Capital Campaign Pledge	Gift in Honor/Memory of
Yes! I/We agree to pledge/donate \$ to the Fidelity House Capital Campaign and join in making this important project a success.	Donor's Name{s)
I/We prefer to make this gift in the following manner: Over 1 year Over 2 years Over 3 years Other	Address
Payments will be made in:	City
Pledge payments will be made:	State Zip
Pledge yr. 1 \$ Pledge yr. 2 \$ Pledge yr. 3 \$ Other	E-mail
□ An initial payment in the amount of \$ is enclosed.	Tel.
I prefer to charge my credit card:	Pledge solicited by
Card #Sec CodeExp. Date Payment(s) \$	Donor's Signature
Pledge Payment Schedule on Reverse Side	