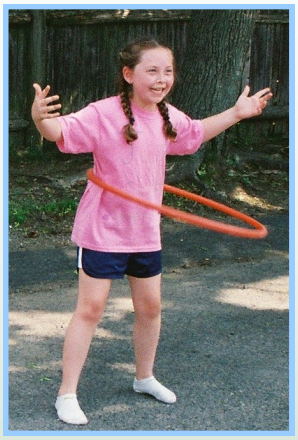
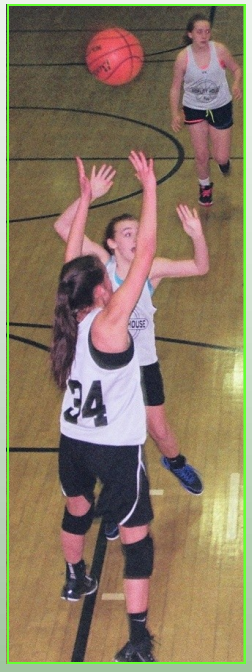
FIDELITY HOUSE

Established in 1955

Spring 2015





WHAT IS FIDELITY HOUSE?

We are a non-profit community center that has been serving the needs of Arlington and surrounding communities for the past **59 years!**

We offer programs for kids of all ages and aspire to fit the many needs of our community.
Our programs are designed to offer participants a chance to develop skills while having fun.
Registrations for any of these programs are taken at the Fidelity House office or online.
We are also happy to answer any questions you may have or mail information.

Did you KNOW??

ON LINE REGISTRATION is here...for your convenience!!
Please go to www.FidelityHouse.org and click on the Create New Account button to open your account and be ready to register online.
Secure online Donations may also be made via PAYPAL

Secure Payments by PayPal

www.fidelityhouse.org
781-648-2005
fidelityhouse@fidelityhouse.net

United Way

SCHOOL AGE CHILD CARE

30 YEARS!! The School Age Child Care Program (SACCP), **established in 1984**, provides a safe and creative environment for school age children in Kindergarten through 6th grade. Program includes coverage for after school hours, days off from school and ½ days.
Transportation from local Arlington schools is provided. The program is fully licensed by the Department of Early Education and Care.

Parents have the option of enrolling in either:

- ☑ our After School Program,
- ☑ our Full Day/Snow Day program **OR**
- ☑ BOTH the After School & Full Days

<u>The SACCP After School Program</u> is based at Fidelity House and FiHo 2 (our satellite building located across the street). Hours are from 2-6:00 p.m., Monday through Friday during the school year. The program also provides coverage during school early release days. Extended care is available for children until 6:30 pm for an additional fee. A nutritious snack is served daily. Transportation from several of the surrounding public schools to Fidelity House is available. Brochures describing this program in detail and the registration information are available at Fidelity House or on our website.

<u>The SACCP Full Day/Snow Day Program</u>
We offer Full Day Programs from 8:00 a.m–6:00 p.m. any time school is not in session. Full Day coverage includes school holidays, vacation days, snow days and teacher conference days. Families registered in this program then have the option to choose which days they would like their child to participate in. Special local trips and special events are planned for those days.

Daily After School Schedule & Activities

2:00 Arrival / Snack / Play Time
3:00 Meeting and Choice Activities
(See activities below)
4:00 Specific Age Group Activities
(See activities below)
5:00 Quiet games, Choice time, Clean up
6:00 Extended Care begins
6:30 Close of Extended Care

We feature a variety of activities including:

Arts & Crafts	Special events
Sports-indoor/outdoor	Chess
Computer time	Gymnastics
Science activities	Pizza parties
Ice Skating	Field trips
Contests & Games	Music
Trips to local parks	Cooking
Homework club	
Drama	

Youth attending this program also have the opportunity to register in the sports/ special interest programs outlined in our seasonal brochures that are offered during your child's attended hours.

STAFF

Our program is supervised by Department of Early Education and Care (EEC) qualified staff who are dedicated to the well-being and safety of the children.
The staff is composed of college graduates and undergraduates with a wealth of experience working with children.

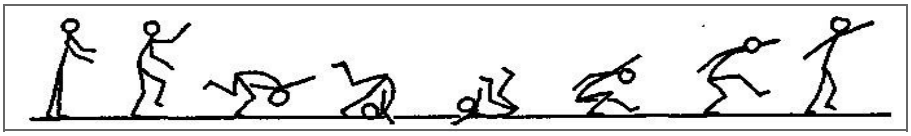
PRESCHOOL & PRE-K

PRESCHOOL PROGRAM The Preschool, now in its **38h** year, is an - educational environment that children 2.9 years through 5 years old learn and develop their educational, emotional, physical and social skills. Classes are offered weekday mornings from 8:30-11:30 a.m. or 8:30-12:30 p.m. in our larger space at Fidelity House Site 2, 51 R Medford Street. The Pre-School is licensed under the guidelines of the Department of Early Education and Care (EEC). Brochures describing our Preschool in detail are available at our office or on our website.

PREKINDERGARTEN PROGRAM This advanced Preschool program is an educational environment that children 4 through 5 years old learn and develop their educational, emotional, physical and social skills. Classes are offered Monday through Friday, 8:30 a.m. - 12:30 p.m. Registration for 3 - 5 days/week. Brochures describing the program in detail are available at our office or on our website.

PROGRAMS FOR TODDLER through 1st GRADE AGE

GYMNASTICS Established program for over 25 years! 3 different classes are offered for preschool (ages **3-**5) on Mondays, 12:30- 1:30 p.m., Thursdays 12:30—1:30 p.m. or Saturdays, 9:30 – 10:30 a.m. Kindergarten & 1st grade classes are offered on Saturday, 11 – 12 noon, Mondays, 3 – 4 p.m. or Mondays, 4-5 p.m. Space is limited! New session begins April 9. Flyers describing the program in detail are available.



PRESCHOOL SPORTS Preschoolers 3- 5 years old will be introduced to the basics of sports in a fun way. Different sports are highlighted each week with fun games designed for gross motor skill development, group social skills and physical fitness. Tuesdays, 10:15—11 a.m., April 7—May 19, (no 4/21) 6 weeks, $40, $8 drop in fee per class.

SPORTS ACADEMY,

Kindergarten & 1st graders, 3– 3:30 p.m.

Game fundamentals, drills & sportsmanship are incorporated into games. Kindergarten & 1st graders meet from 3—3:30 p.m. **BASKETBALL** session continues through April 17, (no class 4/3) **& FLOOR HOCKEY** session continues through April 14. **SOCCER**– Fridays, 4 week session begins May 1—May 29, (no 5/15), $24. **WHIFFLE BALL**– Tuesdays, 5 week session begins April 28—May 26, $30. ** Please note– Open Membership is for 2nd grade and up. 1st graders requiring care **before and/or after** the program will need to register for our School Age Child Care Program. Please check with our office for details.

Tot Sports Academy

Preschoolers 3- 5 years old will learn sport basic fundamentals in a fun atmosphere. **Program is offered 12:40—1:20 p.m.**

Basketball—Mondays. The sport of basketball will be introduced with various drills and games to learn the basics of dribbling, passing, shooting, teamwork and exercising. April 13—May 18 (no 4/20 class), 5 weeks, $40.

Floor Hockey– Wednesdays, The players will learn how to shoot, stick handle and have fun in a safe environment. April 8—May 20 (no class 4/22), 6 weeks, $48.

T Ball– Fridays The sport of baseball's hitting, running bases and fielding will be introduced in a fun, safe environment. April 10—May 29, (no classes 4/24, 5/8 & 5/15), 5 weeks, $40.

TOT TIME

Parents & kids time! Toddler through 4 years old. 1 hour structured activity time designed to develop the fine/ gross motor & social skills. Plenty of riding toys, , a slide, manipulative toys to play with plus space for kids to release their energy in a fun, safe atmosphere. The Parent/ Caregiver remains with child. Program is offered on Fridays from 9—10:30 a.m., $5 drop in fee.

OPEN RECREATION

Encompassing program is offered for youth in 2nd – 12th grades. Members combine an age appropriate drop –in recreational experience with structured programs tailored for their own interests and development. Scheduled gym time, age designated game rooms, special interest youth programs, a drop-in arts and crafts program, and special events are available. A current membership is required for *all drop-in & scheduled youth programs.* Members bring membership cards with them to check in.

MEMBERSHIP OPTIONS A membership form needs to be filled out for *each* child

1 year membership = $50.00 **OR** 3 month membership = $20.00 OR One Day Guest Fee = $4.00

(One Day Pass (for those who forgot their card) = .50 cents Replacement Membership Card = $4.00

OPEN MEMBERSHIP HOURS- Note– Closed on Fridays, April 3 and May 15. Last day for open membership is **May 29.** Program reopens in September**.**

GRADES 2– 5

Tues, Weds & Friday 2 - 5 p.m.

Saturday 9 a.m. - 4 p.m.

GRADES 6 - 12

Tuesday - Friday 2 - 6:30 p.m.

Friday evening (includes 5th grade) 6:30 - 10 p.m. *

*Only Open March 27, April 17, April 24 and May 1 at 6:30—10 p.m. due to scheduled events in gym. **Closes at 6:30 p.m.** April 10, May 8, May 22 & May 29.

It starts with

One Place…..

One Program…….

One Child…..

One Volunteer….

One Dollar !

See how just ONE can make all the difference at FIDELITY HOUSE!

Be that ONE– Join a program, volunteer, donate…it all helps!!

Fidelity House- It's the best kept secret in Arlington! A FiHo Parent

Grades 2 - 4

ARTS & CRAFTS-Free drop-in program offered on Tues., Wed., and Fridays, 2:15-4:30 pm. Recycled materials are used for many of the projects. Donations welcome.

NANCY DREW MYSTERY BOOK CLUB– Who: GIRLS 2nd – 6th grade What: **Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths…. Girls in the Fidelity House Volunteer Club will be assisting in the club activities! Where: Fidelity House When: Wednesdays, 3:30—4:15 p.m. Free for members (or pay a daily guest **fee).**

NOW UR COOKING– Cooking is a lifelong skill. Join in this fun course for 3rd – 6th graders. Located at the LARGE, modern kitchen at FiHo 2. Wednesday classes, 3– 4 p.m. New Session April 1—May 6 (no 4/22), 5 weeks, $40 fee.

GYMNASTICS - Established program for over 25years! Classes are offered for Preschool – 8th graders. Space is limited! Spring session April 9—June 1. Flyers describing the program are available.

GIRLSintheHOUSE 2nd – 5th grade GIRLS meets Wednesdays at 3- 3:30 p.m.for *girls only* fun. FiHo girl Volunteer Club members organize games, activities & fun. Membership or guest fee required.

WEDNESDAY GYM TIME – 2nd – 4th graders join a structured gym activity time from 3- 3:45 p.m. Membership or guest fee required.

GRADES 2—5 SPORTS ACADEMY— Game fundamentals, drills & sportsmanship are incorporated into games. Grades 2 & 3 meet 3:30—4:15 p.m. , Grades 4 & 5 meet 4:15—5 p.m., Game fundamentals, drills & sportsmanship are incorporated into games.

BASKETBALL session continues through April 17, (no class 4/3).

FLOOR HOCKEY session continues through April 14.

SOCCER– Fridays, 4 week session begins May 1—May 29, (no 5/15), $24.

WHIFFLE BALL– Tuesdays, 5 week session begins April 28—May 26, $30.

MENOTOMY MANOR- Transportation is provided throughout the year to children living in Menotomy Manor. On site program on Thursdays. Parents are asked to call for further information.

JUMP ROPE CLUB- 2nd – 6th graders learn the basic jumps, progress to long rope Jumping, single rope tricks, partner tricks and even put on a jump rope "team" performance designed and made up by the club members themselves! Great way to do something fun, challenging and enjoy the Spring weather. Meets 12 sessions on Tuesdays and Fridays, 3—3:45p.m., April 7—May 22 (no 4/21, 4/24), $ 48.00 or $5 drop in fee.

SUMMER PREVIEW

FIDELITY HOUSE

***Fidelity House's 60th season of DAY CAMP**
for 2nd – 8th graders
***PRE SCHOOL Summer Program 2.9 – 5 year olds**
***KINDERGARTEN, FIRST GRADE DAY CAMP**
for kids going into kindergarten and 1st grade
***JUNE /AUGUST FULL DAYS**
for kids in Kindergarten – 13 year olds
+ WEEK LONG BASKETBALL CAMPS &
Special Interest Summer Programs

WE ALWAYS OFFER PROGRAMS in the SUMMER from the FIRST DAY of SUMMER VACATION until the FIRST DAY of the NEW SCHOOL YEAR!!- .
Call for our SUMMER BROCHURES available late March…..

Grades 5 - 8

NOW UR COOKING– Cooking is a lifelong skill. Join in this fun course for 3rd – 6th graders. Located at the LARGE, modern kitchen at FiHo 2. Wednesday classes, 3– 4 p.m. New Session April 1—May 6 (no 4/22), 5 weeks, $40 fee.

GYMNASTICS -Established fun program for over 20 years! Classes are offered for Preschool – 8th graders. Instruction on all apparatus, flexibility and conditioning are stressed. Spring session April 9—June 1. Flyers describing the program in detail are available.

VOLUNTEER CLUB- Grades 6-8. This is Fidelity House's Youth Board of Directors. Members help shape the future of Fidelity House, help out with varied activities and plan group trips. Call Fidelity House for more information.

SPRING RUNNING - Grades 5- 8. Stretching, endurance & spring running are offered. Thursdays, 3:15 – 4 p.m., Offered April 9—May 28 (no 4/23 or 5/7), 6 weeks. $24.

SKILLS & DRILLS CLINICS– Basketball clinics to improve individual skills, overall conditioning and guide you on what to work on with your own workouts. Offered on Monday evenings, March 16—June 8 (no April 20 & May 25). **GIRLS in 6th—9th grade** attend 4—5:00 p.m., **Boys 7th grade & under** 5—6:00 p.m.., **Boys 8th grade and up** attend 6-7 p.m., $45 for Members, $60 Non Members and Free for current Fidelity House AAU team players. Drop in fee = $5 for members, $7 for non-members.

STREET HOCKEY– Intramural street hockey league for 6th – 8th graders. Games played outdoors on Wednesdays, 3:15--4 p.m.. Coed league begins April 1—May 20 (no 4/22), 7 weeks, $42, $7 drop in fee.

JUMP ROPE CLUB- 2nd – 6th graders learn the basic jumps, progress to long rope Jumping, single rope tricks, partner tricks and even put on a jump rope "team" performance designed and made up by the club members themselves! Great way to do something fun, challenging and enjoy the Spring weather. Meets 12 sessions on Tuesdays and Fridays, 3—3:45p.m., April 7—May 22 (no 4/21, 4/24), $ 48.00 or $5 drop in fee.

FRIDAY NIGHT GAMES- Organized 5th—8th grade rotating games in the gym., lacrosse, ultimate Frisbee and kid's choice. Current membership or guest fee required. 7:30—9 p.m., Offered 3 Fridays, March 27, April 17 & April 24.

STICKBALL LEAGUE- Stickball games played on Fridays, 3:00 – 4:00 p.m. 5th grade and up. Outdoor league, dress appropriately. 5 weeks. Offered March 27 through May 22 (no 4/3, 4/24, 5/8 or 5/15). $20, $5 drop in fee.

AAU SPRING BASKETBALL TEAMS- Basketball teams for boys & girls are organized for area youth to play in area Amateur Athletic Union (AAU) tournaments during the Spring.

ONGOING…Membership or Guest Fee required.

GYM TIME-Monday-Friday, 2:00-3:00 p.m. Other times to be posted.

DROP-IN GAME ROOM- Open Tuesday through Friday, 2-6:30 for 6th grade and up. Tuesday, Wednesday and Friday, 2 – 5:00 p.m. for 5th graders & Saturday 9 - 4:45. The room is equipped with pool tables, ping pong, chess, cable TV & video games.

VISIT OUR WEBSITE, www.fidelityhouse.org and READ OUR WEEKLY NEWSLETTERS TO GET THE LATEST UPCOMING EVENTS.

We couldn't do all we do without

Volunteers!!

If you are interested in helping out short term or long term, please, give us a call at 781-648-2005.

High School

ONGOING…Membership or Guest Fee required.

HIGH SCHOOL GYM TIME-Monday-Friday, 2:00-3:00 p.m. Other times to be posted.

DROP-IN GAME ROOM- Open Tuesday through Friday, 2-9 & Saturday 9 -4:45. The room is equipped with pool tables, ping pong, cable TV & video games.

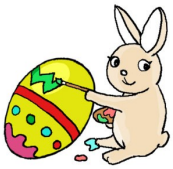
FRIDAY NIGHT OPEN GYM- Open Gym on Fridays evenings we are open, 9—10:30 p.m.

VOLUNTEER EXPERIENCE- Thinking of working with children or a sports-related career in your future? Opportunities to gain experience and/or fulfill your school community service requirements. Give us a call!

AAU SPRING HOOP- Fidelity House offers high school players an opportunity to play in A.A.U. (Amateur Athletic Union) area tournaments during the Spring season. Season runs March through June. Fidelity House is entering our 14th season of AAU play for the Fidelity House Kings and 10th year for the Fidelity House Royals.

SKILLS & DRILLS CLINICS– Basketball clinics to improve individual skills, overall conditioning and guide you on what to work on with your own workouts. Offered on Monday evenings, March 16—June 8 (no April 20 & May 25). **HIGH SCHOOL Players, grades 9—12** attend 6-7 p.m. **GIRLS in 9th grade** attend 4—5:00 p.m., $45 for Members, $60 Non Members and Free for current Fidelity House AAU team players. Drop in fee = $5 for members, $7 for non-members.

EASTER



ALL PROCEEDS SUPPORT OUR
YOUTH PROGRAMS

FLOWER SALE

THURSDAY thru SUNDAY, April 2-5

TULIPS, EASTER LILIES,
MUMS, DAFFODILS,
HYACINTHS, CUT BOUQUETS,
CENTERPIECES & MORE

Flowers are sold inside our Fidelity House GYM and at outdoor stations. Hop on by!!

FIDELITY HOUSE OPEN

in Memory of Vin Culhane

Golf Tournament

Monday, July 20, 2015

Don't golf? - Help sponsor a hole, donate or volunteer!

Help Send a Kid to Summer Day Camp!

YES, I would like to support the Fidelity House SUMMER 2015 CAMPERSHIP FUND. Enclosed is my contribution.

Red Cross Swim

NAME _____

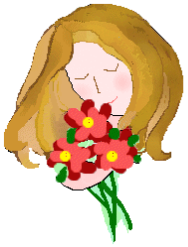
Address _____. Town_____ Zip

☐ **$50** ☐ $100 ☐ **$150** ☐ $220 ☐ $380 OTHER $_____

Please complete this form and enclose your donation payable to Fidelity House and mail/drop off at Fidelity House, 25 Medford St., Arlington, MA 02474

Your Support is greatly appreciated!

MOTHER'S DAY FLOWER SALE



THURSDAY thru SUNDAY, May 7-10

POTTED PLANTS, HANGING PLANTS, ROSES, CUT BOUQUETS & MORE

Flowers are sold inside our Fidelity House GYM and at outdoor stations. Stop on by!!

Fidelity House, 25 Medford Street, Arlington, MA 02474 781-648-2005

60 60 60 60 60

Since 1955

It's a Celebration!

www.fidelityhouse.org

Come join us **SATURDAY, MAY 16**

for our 60th celebration

at FIDELITY HOUSE'S 18th annual FUNdraiser **6:30 – 11:00 p.m.**

Buffet Dinner Dancing & DJ Music Rocking Fun

Live Auction Silent Auction Cash Bar

HOW CAN YOU HELP? Become a sponsor, attend the festivities, advertise, donate a silent or live auction item...www.fidelityhouse.org

ADULTS

MENS BASKETBALL LEAGUE – Games played on Tuesday or Thursday evenings. Teams/individuals may sign up. Team fee = $700, *$650 if full amount paid before first game, individual fee = $90. League offered year round.

WOMENS BASKETBALL LEAGUE- Games played on Monday nights. Teams/ individuals interested, please call the office. Team fee = $550.

SENIOR GYM TIME– Seniors are welcome to use our gym for their own exercise regimen weekday mornings 6:00—8:00 a.m.

ADULT VOLUNTEERS- If you are available to help out short term/long term, please call.

SENIORS PASS IT ON- Senior Citizens interested in passing on a skill to youth, please call.

We're a Non-Profit Community Center!

We can ALWAYS use your support!!!

All proceeds support our Youth Programs! We appreciate all your support with our annual ***Basketball Marathon, Easter and Mother's Day Flower Sales, Annual Fundraiser/ Auction and Fidelity House Open Golf Tournament***.

Donations supporting ***Financial Aid Fund*** will allow children to participate in our Fidelity House programs at a reduced fee.

Memorial Donations are gratefully accepted.

Going Green Supports Fidelity House! (We mean green ENERGY!) Fidelity House has teamed up with Viridian Energy, a green energy company, that can save you money, help our environment and support FiHo in the process! Flyers with more info are available at Fidelity House and the website address is www.viridian.com/fidelityhouse with the Viridian RFP Associate ID #28502.

Donate your Car! Free pick up, tax receipt for your deduction, RMV processing done.– donate online with donateforcharity.com, then designate Fidelity House as the beneficiary or call toll free at 866-392-4483 to donate over the phone.

MEETING, EVENT SPACE- Secure a space for your organization to meet! Short-term & Long-term Rentals available. Ongoing or 1 time use. Call for details

GYM RENTALS- *Limited* times available for Rentals, usually in 1.5-2 hour blocks. Ongoing or 1 time use. Call for details.

RENTALS of FIHO 2- FiHo 2, our childcare building located at 51 R Medford Street, is available for Birthday/Celebration Rentals. We offer 3 hour time blocks. Give us a call at 781-648-2005. The FUN is already built in!